All meals are freshly cooked using wholesome and where possible low glycemic index (GI) ingredients. We use multigrain bread and rolls specially made for us by our local baker. Our hamburgers and sausages are also specially made for us by the Dardanup Butchering Company (DBC) and are preservative free.

If any student, teacher or parent has special dietary requirements please inform us on the Camp Return Form.

Listed are examples of meals we serve at the Bridgetown Camp School.

**Breakfast - Continental only:**
Selection of cereals, yoghurt, tinned fruit, toast, spreads, orange juice, and fruit platter.

**Breakfasts - Cooked Breakfasts:**
- Scrambled eggs, bacon or sausages with spaghetti and/or baked beans.
- Bacon and Eggs / Cheesies / Bacon and Egg Muffins.
- Pikelets, spreads, and a fruit platter

Morning and Afternoon Teas: Fruit / Home made muffin/cookies/slice/ or cake.
Cracker biscuit with savoury toppings

**Lunches - OUT:**
- Make your own shredded chicken or sliced meat roll with shredded salads and spreads / chicken / salad wraps.
- Sausage sizzle with salads and marinated steak strips for the adults.
- Soup.
- Lebanese rolls

**Lunches - IN:**
- BBQ.
- Warm chicken salad and crusty bread.
- Open sandwiches with spreads-hummus, curried egg, cold meats and salads.
- Hot chicken roll and salad / Hamburgers / Pizza / Soup / Tacos / Burritos.
- Whole baked “spuds” with choice of fillings.

**Dinner:**
- Roast beef, chicken, lamb, or pork with baked potatoes, pumpkin or carrots, cauliflower and broccoli cheese, greens and gravy. Lasagne, spaghetti bolognaise / meatballs with vegetables or salad and garlic bread.

**Desserts:**
- Choc - Chip muffins with chocolate sauce and ice cream / Icky Sticky Date muffins with toffee sauce with ice cream / Fruit salad with cream/ice cream / Trifle / Apple or peach or apricot crumble/sponge with custard / Ice cream sundaes or Banana splits / Jelly fruit and ice-cream / Butterscotch or chocolate self-saucing puddings and ice-cream / Apple strudel with cream or ice-cream. Mini pavlovas and fruit parfaits.

**BIRTHDAYS - Ice cream cakes - Homemade**

**Supper:**
- Hot or cold milky milo with cake or slice

**Teachers/Parents**
- Tea/Coffee Facilities available 24 hrs • Complimentary cheese and nibbles platter daily